

# WELCOME TO THE 2024-2025 SEASON



**THE STINGRAY ALLSTARS OHIO**



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**STINGRAYALLSTARSOHIO.COM**

The mission of The Stingray Allstars is to provide an environment of excellence. The Stingray Way puts the athlete in a position to excel while instilling hard work, accountability, competition and community. We aim to inspire athletes, coaches and all that enter our doors to be fully committed to excellence.

All Star cheerleading is a unisex sport in which a team performs either a 1 minute 30 second, 2 minute or 2 minute 30 second routine comprised of tumbling, stunting, pyramids and dance. The routine is performed on a 42x54 spring floor at local and national competitions.

## What the program entails:

Tiny Novice is a beginning all-star cheerleading program that fields teams of athletes ages 7 and up. The season begins in October and lasts through late April.

- **Time commitment:**

Teams will practice one day per week for 1.5 hours. You can expect extra practices to take place for choreography, around competition season, and for extra work at the coaches' discretion. Attendance is incredibly important to a team's success. Athletes will be allowed to miss a limited number of practices throughout the season. Missing practice could effect an athlete's position on the team.

- **Attendance Policy:**

Athletes planning to miss practice for any reason will need to notify their coach ASAP. Athletes are allowed 6 unexcused absences during the school year. Unexcused absences include family vacations, work, concerts, homework, Washington DC trip, birthday parties, extracurricular activities that conflict with practice, etc. ***Please note, athletes who miss practice two weeks leading up to a competition may be sat.***

**Competition Schedule/Travel:** The Half-Season prep program will attend more local and regional competitions, and only compete one day.

**Apparel:** There will be a mandatory practice wear sports bra/crop top we will use for practice.

**End of Season Events:** All our teams work really hard to attend an end season event. Half-Season will end their season at US Finals in Louisville, Kentucky.

## Things to Know:

- If you have any questions or concerns that need immediate attention please use the following chain of communication.  
1. Team Rep 2. Head Coach 3. Allstar Director 4. Gym Owner
- Good sportsmanship, polite manners and a good disposition are mandatory at all practices and competitions.
- Crossover Policy: if you are asked to be a crossover athlete you will be responsible for the crossover fees in addition to your regular tuition.
- It is your responsibility to wear the appropriate practice wear to every practice and competition attire to events.
- Social Media posts that are a poor representation of The Stingray Allstars may result in suspension or removal from the team.
- Personal items such as cell phones, school bags, or gym bags must be stored in the cubbies alongside the gym floor. NO items are to be left in the gym, hallways, or near the doors. We are not responsible for lost or stolen items.
- You must arrive at all practices, competitions or any scheduled event on time. Punctuality is a MUST.
- Please feel free to talk to your coach about anything; remember to do it at the appropriate time. For example, approaching a coach in the middle of a practice would not be an appropriate time.
- Athletes need to be able to physically and mentally perform all aspects of competitive cheerleading. This may require additional privates, classes, conditioning and/or practices.
- NO GOSSIP about other athletes, teams, coaches, and staff.
- The Stingray Allstars is not a babysitting service. No child should be dropped off at the gym unsupervised.
- Practices may be changed or added at any time during the season.
- Anyone threatening to quit or to pull their child from a team will be dismissed from the program immediately.
- Only athletes and coaches are allowed in the gym.
- No one is allowed to yell onto the floor or try to make contact through the lobby window.
- The coaches reserve the right to close practices at ANY time for ANY reason. In this event, the team rep will remain at practices.
- It is the parent's responsibility to know what is going on with your team. Check your emails and the team Band app regularly. GroupMe, Band, Remind, and email are all potential means of communication. Group texts are highly discouraged.
- Punishing your child by missing practice or a competition is NOT acceptable.
- Homework is not an acceptable excuse for missing practice.
- Parents, relatives, friends and athletes are not allowed to speak with competition officials for any reason.
- Parents are not allowed to represent The Stingray Allstars under any circumstances concerning accommodations, competitions, or any other situation.
- There will be no arguing or questioning coaching decisions at competitions.
- Problems between athletes/parents will be addressed with all parties involved at a meeting with your coach and your Allstar Director.
- The Stingray Allstars maintain the right to refuse services at any time.
- The Allstar Directors may change, add, or subtract any rule at any time.

## Half-Season Prep

**Half-Season Prep:** This program is perfect for any athlete who would like to try competitive cheerleading without the time commitment of an Elite Team.

They will attend 3 regional competitions along with 2 gym - wide events. They will practice once per week for 1 to 1.5 hours.

They will practice on Monday evenings from 5:30pm-7pm. Their practices will consist of tumbling, jumping, basic ground stunting, and dance.

**Tuition: \$199.00**

**Uniform Cost: \$250.00 est**



# Important Information:

## Tuition Half Season Prep: \$199

Tuition is divided into 7 **installments of \$199**. The tuition billing schedule is as follows:

**1st payment: \$199 billed October 1st, due by October 10th**

**2nd payment: \$199 billed November 1st, due by November 10th**

**3rd payment: \$199 billed December 1st, due by December 10th**

**4th payment: \$199 billed January 1st, due by January 10th**

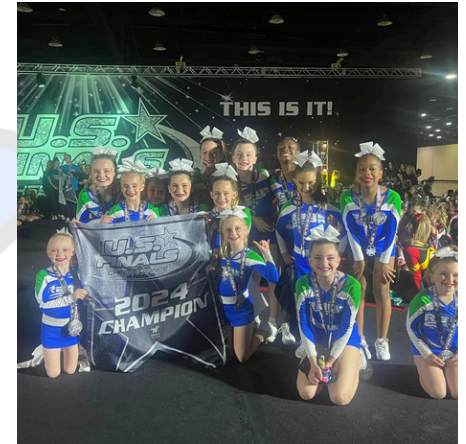
**5th payment: \$199 billed February 1st, due by February 10th**

**6th payment: \$199 billed March 1st, due by March 10th**

**7th payment: \$199 billed April 1st, due by April 10th**

Auto charges run on the 11th of each month.

Everyone is required to have a working card on file



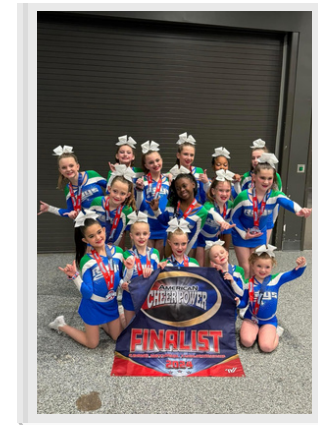
**Tuition Includes: One 1 - 1.5 hour practice per week, and any additional practices.**

### Tuition Does Not Include:




- Competition, Coaches, Music and Choreography Fees: TBD
- \$250 Full Uniform
- Shoes, bows, backpack and various team apparel
- Travel/Hotel Expenses
- USASF Registration Fee
- Additional specialty classes, private lessons, clinics, etc.
- Choreography

### Estimated Costs:

Shoes \$30-\$140.00, Bows \$30-\$40, Backpacks \$100-\$115, Practice Wear \$38, Shirts/Jerseys/Sweatshirts \$30.00-\$50.00, Travel costs will vary greatly.



# Competition Schedule 2024-2025

	A	B	C	D
1	<b>Competition:</b>			
2	<b>Date:</b>	2/8	3/29	4/26
3	<b>Location:</b>	Troy, OH	Columbus, OH	Louisville, KY
4	Tiny Novice	X	X	X
5	Half Season	X	X	X

**\*please note, we will have two local performances, date/time TBD**

# 2024-2025 CALENDAR

## Gym Closures:

- Memorial Day: 5/27
- 4th of July: 7/1 - 7/5
- Labor Day: 9/1 - 9/2
- Halloween: 10/31
- Thanksgiving: 11/25- 11/29
- Holiday Break: 12/23-1/1
- Spring Break: 3/31-4/6
- Practices resume: Mon. 4/7
- Easter: 4/20

## Save the Date:

- Tryout Clinics: May 13th-15th
- Tryouts: May 17th-19th
- Team Announcements: May 21st
- First Practices: May 22nd
- Uniform Fittings: The week of June 10th
- Coaches Fee Due: July 10th
- Worlds Camp: July 19th-July 22nd
- Choreography: August 1st-6th
- First Sunday Practice: August 18th
- Choreography: August 22nd - August 25th\*
- Worlds Choreography: \*Sept. 9th-11th

The Stingray Allstars Ohio  
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\*subject to change