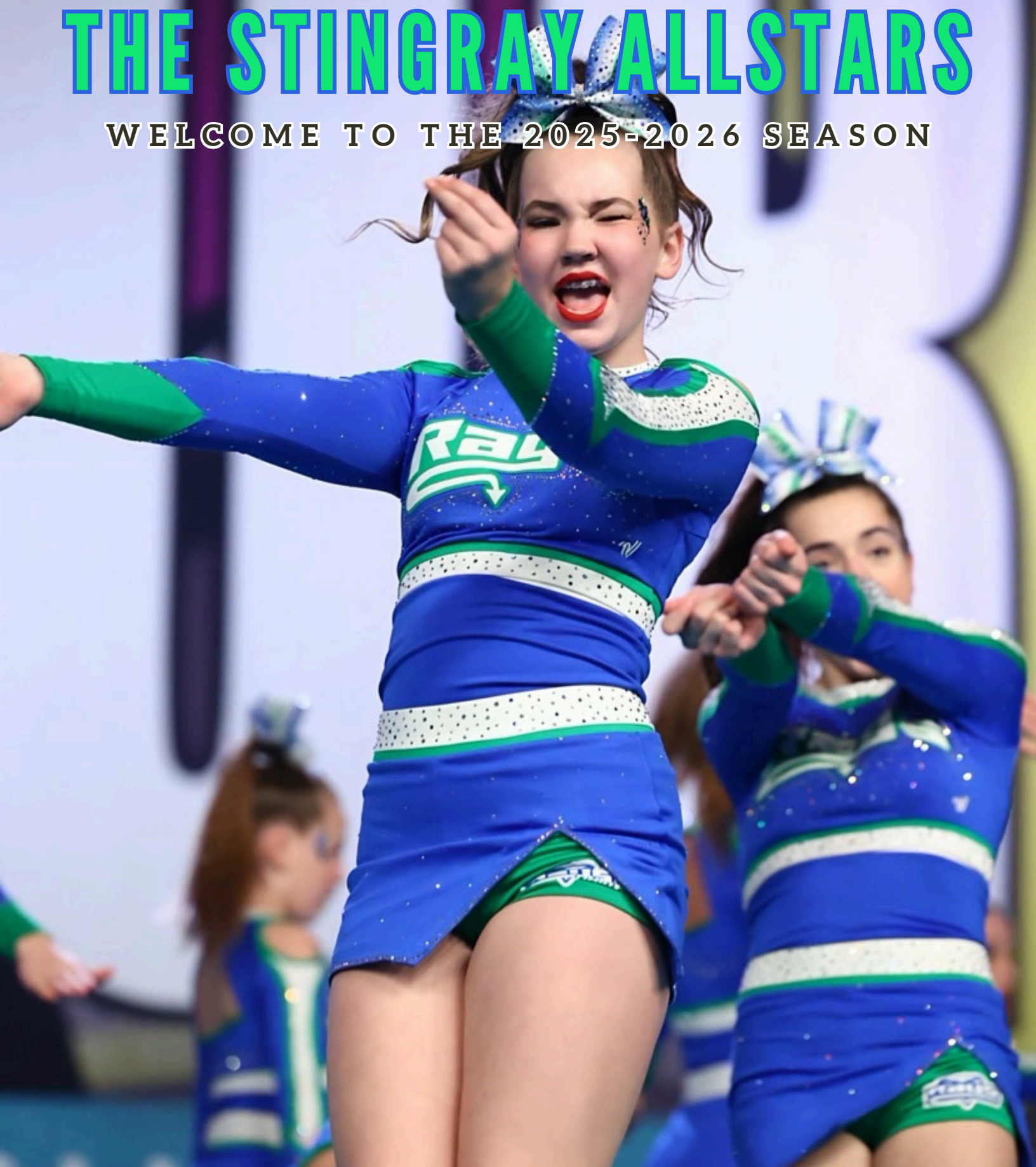


THE STINGRAY ALLSTARS

WELCOME TO THE 2025-2026 SEASON



The Stingray Allstars Ohio



@thestingrayallstarsohio

STINGRAYALLSTARSOHIO.COM



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24 YEARS OF THE GOLD STANDARD

Our teams consist of athletes ages 5+ ranging in levels 1-6, and are formed based off of stunts, jumps and tumbling skills.

Athlete Safety

All of our staff have an annual background check, concussion training and are USASF credentialed/cleared to train athletes.

We are partnered with The Sports Compliance Company. They provide an independent hotline for athletes, families, and staff to confidentially report ethics or misconduct concerns. The hotline number is available 24/7/365 to all our members at 1-800-594-5930. They handle the intake and external investigation of concerns related to athlete safety. We all must work together as coaches and parents to see that our athletes are able to train in a safe, positive environment.

Competitions

Competitions are mandatory. Each program will attend a mix of 5-7 competitions in addition to showcase performances. The competition schedule will be released summer 2025.

Travel cost is not included in tuition and each family is responsible for getting their athlete to and from events.

A few of our out of state events we attend are considered "stay to play" which require athletes to book through the sanctioned hotels.

Links to those hotels will be sent out in the months leading up to the event. Athletes that do not comply with the stay to play policy may result in team disqualification.

Time Commitment

Teams practice two days a week during the summer. Extra practices will take place for choreography and during competition season. Elite teams practice 2-3 days a week beginning in the Fall. Attendance is crucial to a team's success. Missing practice could affect an athlete's position on the team. Athletes must be able to physically and mentally perform all aspects of competitive cheerleading. This may require additional privates, classes and conditioning.

We respect and encourage athletes to cheer for their school team. Our expectations are we will work with your school coach as much as they will work with us.

Super Senior Scholarship Program

The Stingray Allstars Ohio will have 9 Stingray Super Senior Scholarships to award during the 2025-2026 season. This scholarship will cover Full Tuition, Coaches Fees, Practice Wear, End of Season Banquet, End of Season Worlds gear, and MORE!

In order to receive one of the 9 scholarships, athletes need to tryout live or send in a video, they cannot crossover to another team, and they must work at the gym for up to 4 hours per week. If your athlete is interested in this program, please contact, Dan Quick, Owner at quickdaniel@hotmail.com.



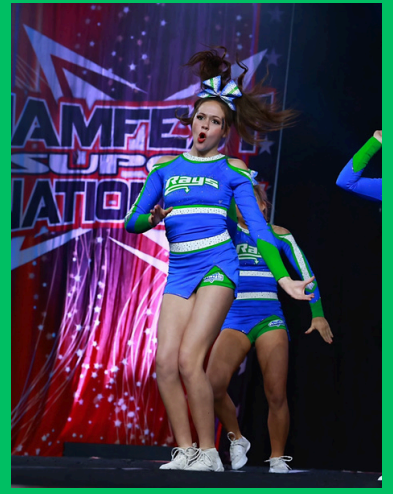
THINGS TO KNOW

Communication

If you have any questions or concerns that need immediate attention please use the following chain of communication:

1. Team Rep 2. Head Coach 3. Director 4. Owner

- Please feel free to talk to your coach about anything; remember to do it at the appropriate time. For example, approaching a coach in the middle of a practice or competition would not be an appropriate time.
- Check your emails and the team Band regularly. The team Band and email are all potential means of communication.
- Problems between athletes/parents will be addressed with all parties involved at a meeting with your coach and a Director.
- Under no circumstance should the parents present themselves as an official representative of The Stingray Allstars Ohio at competitions or any other events.



Attendance

- Practices may be changed or added at any time.
- Athletes planning to miss practice for any reason will need to notify their coach ASAP. **Athletes are allowed 6 unexcused absences during the summer schedule and 6 during the school year. Unexcused absences include family vacations, work, concerts, homework, Washington DC trip, birthday parties, extracurricular activities that conflict with practice, etc.**
- Only athletes and coaches are allowed in the gym.
- Punctuality is a MUST. Being late or absent from a competition could result in alternate status or removal.
- Athletes who miss practice within 2 weeks leading up to a competition may not be able to compete at that event.
- Please make sure both parents are fully aware of the time commitment to The Stingray Allstars Ohio. It is unfair to the team and especially your child for practices/competitions to be used as a bargaining tool.
- Punishing your child by missing practice or a competition is not acceptable.

Behavior

- Good sportsmanship, polite manners and a good disposition are mandatory at all practices and competitions from parents and athletes. This means NO GOSSIP about other athletes, teams, coaches and staff, ever. Continuous poor behavior could result in closed practices or team removal.
- Social Media posts that are a poor representation of The Stingray Allstars Ohio may result in suspension or removal from the team.
- It is your responsibility to wear the appropriate practice wear to every practice and competition attire to events.
- We are not responsible for lost or stolen items.
- No child should be dropped off at the gym unsupervised or without an active enrollment in a class, private, clinic or practice.
- Anyone threatening to quit or to pull their child from a team may be dismissed from the program immediately.
- The Stingray Allstars Ohio maintains the right to refuse services at any time.
- The Management Team may change, add or subtract any rule at any time.

2025-2026 CALENDAR

Gym Closures:

- Memorial Day: 5/26
- 4th of July: 6/30-7/4
- Labor Day: 8/30 - 9/1
- Thanksgiving: 11/24- 11/28
- Holiday Break: 12/22-1/2
 - *practice resumes 1/3
- Spring Break: 3/30-4/5
 - *practice resumes 4/6

Save the Date:

- Tryout Clinics: May 12th-14th
- Tryouts: May 16th-18th
- Team Announcements: May 20th
- First Practices: May 21st
- Uniform Fittings: Week of June 9th
- Stunt Camp: Week of June 16th
- Coaches Fee Due: July 10th
- Choreography: August 1st-7th
- Staff Training Marietta: August 8th-10th
- First Sunday Practice: August 17th
- Worlds Choreography: August 23rd-25th
- Showcase: November 15th



***subject to change**





FINANCIAL INFORMATION

Allstar Cheerleading requires a significant financial commitment. It's important to carefully consider the investment prior to enrollment. Below is the financial breakdown for the 2025-2026 season by program.

Payment for the first installment of tuition will be due on May 28th.

Tryout fee includes a t-shirt and car decal: \$75

Flyer tryout fee: \$50



Installment	Due Date	Tuition
1	5/28	\$345
2	6/10	\$345
3	7/10	\$345 + \$225 Coaches Fees
4	8/10	\$345
5	9/10	\$345
6	10/10	\$345
7	11/10	\$345
8	12/10	\$345
9	1/10	\$345
10	2/10	\$345
11	3/10	\$345
12	4/10	\$345
<i>Year End Events are not included in tuition fees and will be billed based on your bid type.</i> <i>Tuition included all team practices, initial choreography, initial music, and competition fees.</i>		

We require all families to keep a valid card on file. Any unpaid charges will run through automatic billing on the 11th of each month. Accounts must be current in order to participate in any program. Any account past due will result in your athlete potentially sitting.

Athletes placed on a team that quit, **WILL NOT** receive any type of refund (this includes any clothing items, uniforms, warm-ups, etc), and you will be responsible for a \$300 early withdrawal fee.

Tuition does not include:

	Bill Date/Due Date	Elite Teams
Stunt Camp	June 1st/June 10th	\$110
USASF Registration	Completed by August 1	\$49
Uniform	Upon Fitting (July)	\$450
Warm-Up	Upon Fitting (July)	\$250
Coaches Fees (per family)	June 1st/July 10th	\$225
Varsity Shoes	Upon Ordering	\$99-\$140
Competition Hairbow	Upon Ordering	\$35
Practice Wear	Upon Ordering	\$120 est.

Crossover Policy: If you are asked to be a crossover athlete you will be responsible for the crossover competition fees in addition to your regular tuition.

IMPORTANT INFORMATION

FULL YEAR ELITE

The Full Year Elite Program, TMY (Tiny, Mini, Youth), Summit, and Worlds is for athletes ages 5-18 and levels 1-6. Teams will compete at local, regional and out of state events and earn bids to end of season events (The One, Summit, and Worlds).

TRYOUT CLINICS

The Stingray Allstars Ohio will be offering clinics leading up to tryouts (your athlete must be registered for tryouts in order to attend). During the clinic, athletes will mingle with coaches and other athletes, tumble, jump and stunt. There will be a parent meeting at 7pm on Monday, Tuesday, and Wednesday.

- Choose from the below tryout clinic time slots by birth year:
 - May 12th: 6pm-7:30pm (2014-2020) 7:30pm-9pm (2013-6/1/2006)
 - May 13th: 6pm-7:30pm (2014-2020) 7:30pm-9pm (2013-6/1/2006)
 - May 14th: 6pm-7:30pm (2014-2020) 7:30pm-9pm (2013-6/1/2006)

FULL YEAR ELITE TRYOUTS/FLYER TRYOUTS

All tryouts will be held at Stingrays Ohio. Select a tryout time based on age. **Flyers:** Athletes who would like to be considered as a flyer **MUST** sign up for the Flyer Assessment on Friday, May 16th. They will be evaluated on their body positions, flexibility, and body control. This **DOES NOT** guarantee a flyer position.

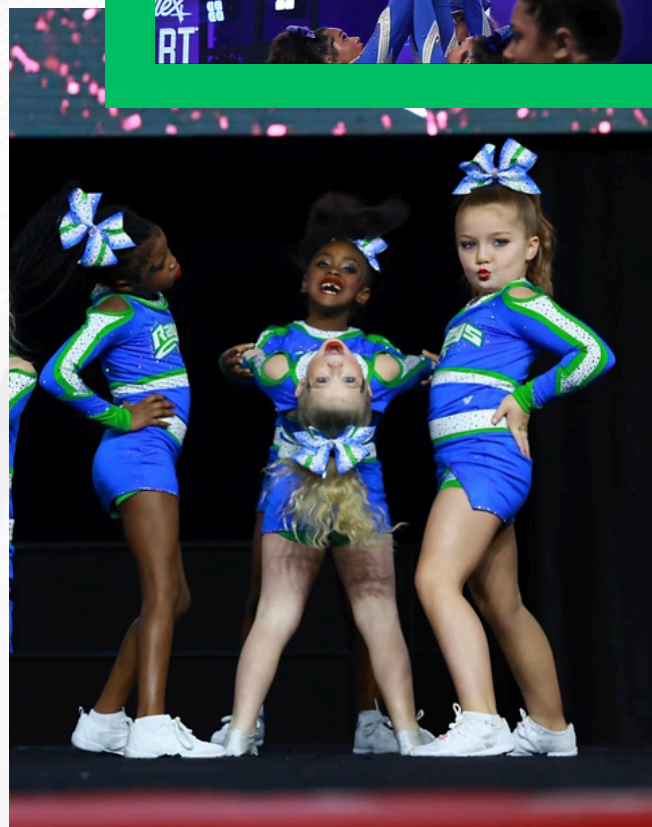
- Flyer Tryouts: Friday, May 16th:
 - First Session: 5:30pm-7pm
 - Second Session: 7:30pm-9pm
- Saturday, May 17th:
 - First Session: 10am-12pm
 - Second Session: 1pm-3pm
 - Third Session: 4pm-6pm
- Sunday, May 18th:
 - Fourth Session: 1pm-3pm

ADDITIONAL INFORMATION

Communication: There will be at least 4 mandatory parent meetings held throughout the season. We will also have "Mat Talks" regularly on our The Stingray Allstars Ohio Family Facebook page.

End of Season Events: End of season event costs are not included in the tuition and additional fees will apply depending on bid type.

Team Placement: Teams announced on Tuesday, May 20th.





LEVEL GUIDELINE

Please review the skill chart and age grid below.

Level	Standing Tumbling	Running Tumbling	Jumps
1	Back Walkover	Front Walkover Cartwheel	Two Connected jumps
	Back Walkover Switch Leg	Cartwheel Back Walkover	
	Front Walkover		
2 & 4.2	Back Walkover Back Handspring	Round Off Back Handspring Step Out	Two Connected Jumps
	Switch Leg Back Walkover Back Handspring	Round Off / Cartwheel 2 Back Handspring	
	Valdez Back Handspring	Front Walkover Round Off Back Handspring	
	Back Handspring Step Out Back Walkover Back Handspring		
3	Standing 3 Back Handsprings	Punch Front	Two Connected Jumps
	Back Walkover 2 Back Handsprings	Round Off Back Handspring Tuck	
	Back Handspring Step Out 2 Back Handsprings	Front Walkover Ariel	
		Front Walkover Round Off to Tuck	
4	Standing Tuck	Round Off Backhandspring Layout	Two Connected Jumps Toe Touch Backhandspring Tuck
	Backhandspring Tuck	Specialty Pass to Layout	
	2 Backhandsprings to Tuck	Whip Pass	
5	Backhandspring Layout	Round Off Back Handspring Full	Two Connected Jumps
	2 Backhandsprings to Layout	Specialty Pass to Full	Multiple Connected Jumps to Tuck
			Toe Touch 2 Back Handspring to Layout
6	Standing Full	Round Off Back Handspring Full	Three Connected Jumps
	Backhandspring Full	Specialty Pass to Full	
	2 Backhandsprings to Full	Round Off Back Handspring Double	
	2 Backhandsprings to Double	Specialty Pass to Double	

Age	Birth Year	Eligible Divisions
4	2021	Tiny Novice
5	2020	Youth Flex 1-3, Tiny 1, Tiny Novice, Tiny Prep
6	2019	Junior Flex 1-3, Youth Flex 1-3, Mini 1-2, Mini Prep, Tiny 1, Tiny Novice, Tiny Prep
7	2018	Junior Flex 1-4, Youth 1-5, Youth Flex 1-3, Youth Prep Mini 1-2, Mini Prep, Tiny 1, Tiny Novice, Tiny Prep
8	2017	Junior 1-6, Junior Flex 1-4, Junior Prep, Youth 1-5, Youth Flex 1-3, Youth Prep, Mini 1-2, Mini Prep
9	2016	Junior 1-6, Junior Flex 1-4, Junior Prep, Youth 1-5, Youth Flex 1-3, Youth Prep, Mini 1-2, Mini Prep
10	2015	Junior 1-6, Junior Flex 1-4, Junior Prep, Youth 1-5, Youth Flex 1-3, Youth Prep
11	2014	Senior Prep, U16 1-4, Junior 1-6, Junior Flex 1-4, Junior Prep, Youth 1-5, Youth Flex 1-3, Youth Prep
12	2013	Senior 1-5, Senior Prep, U16 1-4, Junior 1-6, Junior Flex 1-4, Junior Prep, Youth 1-5, Youth Flex 1-3, Youth Prep
13	2012	Senior 1-6, Senior Prep, U18 1-4, U16 1-4, Junior 1-6, Junior Flex 1-4, Junior Prep, Youth Flex 1-3
14	2011	Senior 1-6, Senior Prep, U18 1-4, U16 1-4, Junior 1-6, Junior Flex 1-4, Junior Prep
15	2010	Senior 1-6, Senior Prep, U18 1-4, U16 1-4, Junior 1-6, Junior Flex 1-4, Junior Prep
16	2009	Senior 1-6, Senior Prep, U18 1-4, U16 1-4, Junior Flex 1-4
17	2008	Int Open 6, Senior 1-6, Senior Prep, U18 1-4
18	2007	Int Open 6, Senior 1-6, Senior Prep, U18 1-4
18+	6/1/06 – 2007	Int Open 6, Senior 1-6, Senior Prep



THE PRO SHOP

Full Out Sports (The Pro Shop) is the official vendor of The Stingray Allstars for all apparel, merchandise and logos.

Practice Wear & Warm Ups



Mandatory Practice Wear:

- Sizing: Monday, May 12th through Thursday, May 22nd. (During tryout clinics, tryouts, and first two team practices. Arrives in July)

Mandatory Warm-Up:

- Sizing: Mid-July, Date TBD (Arrives Fall)

Mandatory Uniform: purchased through The Office

- Sizing: Mid-July, Date TBD (Arrives Fall)

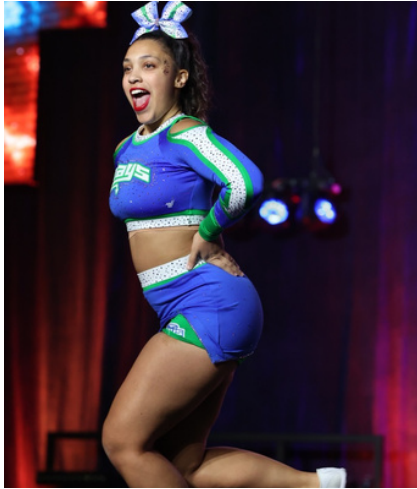
*It is your responsibility to wear the appropriate practice wear / warm-up / uniform to each practice and competition.



All items using a Stingray logo or team logo are required to go through Full Out Sports. Members are not allowed to recreate brand or team logos for personal use. For questions on logos or all other items, please email the gym at info@stingrayallstarsohio.com.

*Any pro shop ideas, must be presented to the office for approval.

FREQUENTLY ASKED QUESTIONS



Q: What happens at tryouts?

A: Your athlete will arrive to their tryout time slot, check-in with our staff, stretch and warm-up their skills. Your athlete will then perform their skills for the tryout. Once the tryout is completed, they will exit the door under the awning grabbing their tryout t-shirt and decal for the 2025 - 2026 season! They will also be sized for the upcoming season practice wear.

Q: What should my athlete wear to tryouts?

A: Any athletic wear (Stingray gear if you have it), a lightweight tennis shoe or cheer shoe, and your hair pulled up in a bow. Please bring only your tryout sheet and a water bottle into the gym on tryout day.

Q: What happens after tryouts?

A: Team placements will be emailed to the email on file. Please do not call the office regarding your athletes' placement. Send your athlete to their first practice. We ask for at least 24 hours after their first team practice to discuss your athlete's team placement.

Q: Are we able to purchase used uniforms and warm-ups?

A: Yes, we are going on our 2nd year of our program uniform and warm-up. We ask for our program uniforms to be purchased for no more than \$300 used, along with a used price of \$150 for warm-ups. We do ask our families to use The Stingray Allstars Ohio Buy, Sale, Trade site on Facebook.

Q: Is stunt camp and choreography mandatory?

A: Yes, both stunt camp and team choreography dates are mandatory. We understand vacations happen, which is why we put out our calendars out in advance so you can plan your vacations accordingly. If for whatever reason there's a conflict outside of those dates, please reach out to the All-Star Director.

Q: Do you offer a sibling discount?

A: We offer a gRAYt discount to our families here at The Stingray Allstars Ohio. \$100 off the first athlete, and \$50 off for each additional sibling athletes.

TRYOUT FORM



Name: _____ Parent Name: _____

Date of Birth: _____ Age: _____ Parent Cell #: _____

School & Grade 25-26: _____ Parent Email: _____

Do you cheer for school? YES NO If Yes, Where?: _____

Circle position(s) you are trying out for: FLYER SIDE BASE MAIN BASE BACKSPOT TUMBLER ANY POSITION

Are you willing to accept other positions? YES NO

Are you willing to crossover? YES NO

Circle levels you are trying out for:

L1 L2 L4.2 L3 L4 L5 L6

Are you willing to accept placement on other levels? YES NO

If NO, please circle what level(s) you will accept.

L1 L2 L4.2 L3 L4 L5 L6

NOTE, IF WE ARE UNABLE TO PLACE YOU AT THIS LEVEL, YOU WILL NOT BE PLACED ON A TEAM. PARENT INITIAL: _____

List ALL reasons why you **WOULD NOT ACCEPT** a TEAM PLACEMENT: _____

Is there anything we should know while considering team placement? _____

List your last 3 years of cheer experience by year, level & program and skills:

2024 – 2025 SEASON:

PROGRAM: _____

TEAM: _____ LEVEL: ____

STUNTS PERFORMED:

TUMBLING PERFORMED:

2023 – 2024 SEASON:

PROGRAM: _____

TEAM: _____ LEVEL: ____

STUNTS PERFORMED:

TUMBLING PERFORMED:

2022 – 2023 SEASON:

PROGRAM: _____

TEAM: _____ LEVEL: ____

STUNTS PERFORMED:

TUMBLING PERFORMED:

STAFF USE ONLY

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